Principal’s Update

School Council Elections
We have had 5 nominations for the 3 parent vacancies for School Council. Therefore a ballot is currently taking place. We sent home voting slips with your child last week and these need to be returned by 4pm on Tuesday 1st March to the general office.

Our next school council meeting will be held on the 15th March in the conference room, where our new council members will be welcomed. We will hold our AGM prior to the ordinary meeting.

Whole School Swimming Carnival
Last Tuesday we held our annual Swimming Carnival. Although the weather wasn’t as warm as we would have liked the day was still a resounding success.

It was unfortunate that at the end of the day we had a major issue with the buses, with many of them arriving back late. I sincerely apologise for any inconvenience this caused families. It was highly unusual for this to happen and was totally unacceptable. The problem sits with the operations department at the bus company and not with the superb organisation of the day by our school staff.

Thanks for the many hours of pre-event preparation by Ms Rebecca Domange and thanks to all staff and students who contributed on the day. Bus issues aside, the event ran very smoothly and our staff and students had a very enjoyable day.

All participants worked hard to gain house points, but of course there can only be one winner. It is my great pleasure to congratulate Carrick on gaining the most house points, narrowly defeating Wolverton in second place, and winning the Swimming Carnival Trophy for 2016.

Thanks also to Miss Siatos, our photographer on the day, for recording the day in pictures.

Year 7 BBQ
Our Year 7 barbeque was held at the school last week. It was an opportunity to welcome new families of our year 7 students to the school community. Parents were able to meet the school staff and engage in a question and answer session with some of their child’s teachers. Thank you to all who attended and in particular to the staff who gave up their time to be involved. Thanks also to the Junior School team for hosting the event.

It was lovely meeting you all.

School Photos
Can I remind parents to order your child’s school photos through Compass. If you need assistance with this, please contact the general office.
2016 House Swimming Carnival

On Tuesday 16th February the Annual House Swimming Carnival was held at Oak Park Aquatic Centre. With all students and staff dressed in their House colours, they boarded the buses and headed off for a day of swimming events, novelty activities and endless trips down the water slide.

The day was overcast, but this didn’t affect those keen swimmers from getting in the pool and challenging each other for points for their Houses. The 50m Freestyle was the most popular event, with many of the races seeing swimmers swimming side by side the whole way up the pool.

For those not entered in the main events of the day, there was still plenty of other opportunities for students to earn points for their Houses. The Novelty pool saw points awarded for Inflatable Crocodile races and Whirlpool challenges. The Tug-o-War saw the school’s budding strongman/women challenge each other in teams, the Volleyball was a hotly contested event all day, and not to mention the Inflatable Mechanical Surfboard and Gladiator Arena. If that wasn’t enough there was the water slide to rocket down!

The final results came right down to the last event where Carrick opened up a small gap and was awarded the House Swimming Trophy for 2016!

Congratulations to all those who participated during the day!

Final Results

<table>
<thead>
<tr>
<th>House</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carrick</td>
<td>1800pts</td>
</tr>
<tr>
<td>Wolverton</td>
<td>1767pts</td>
</tr>
<tr>
<td>Taylor</td>
<td>1578pts</td>
</tr>
<tr>
<td>Fairbank</td>
<td>1536pts</td>
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</table>
2016 House Swimming Carnival
2016 House Swimming Carnival

The 2016 House Swimming Sports Day went smoothly as always! It began with all students meeting in their House classrooms and getting pumped up for the great day ahead. Everyone got onto the buses and arrived at the Oak Park outdoor swimming pool. Even though Mother Nature didn’t turn on the best weather, it was great to see that the novelty pool and the event pool were thriving with keen swimmers. There was a great atmosphere around the pool that extended throughout the entire day. Students were cheering on their fellow House mates, singing and dancing with their friends. The water slide, surf machine and ‘gladiator pit’ were very busy throughout the day. It was also great to see students dressing up, especially the Year 12s with their elaborate costumes; we had various zombies, some admirable heroes, and three coloured life-size crayons amongst many more creative characters! The teachers involved worked extremely hard to make sure that the Swimming Carnival ran according to schedule and should be applauded for their great work.

I would like to congratulate the winning House- Carrick- who had a narrow victory. They have had quite a good record in the last few years, but the 2016 Athletics Day trophy is still up for grabs! I wish everyone that made it through to the next round good luck and I know you will make the school proud.

Bradie Cetin- Sports School Captain
2016 Semester 1 Beep Test Winners

Each Year our P.E. Department runs a fitness program and one part of this involves the Beep Test. Congratulations to the following students on their fantastic results.

**Year 7**
- Jordan Back 7B – 9.4
- Mac Gibson 7E – 11.4

**Year 8**
- Megan Sawbridgetworth – 11.3
- Nicholas Katsakis – 11.9

**Year 9**
- Elisabeth Georgostathis – 11.6
- Byron Sanford – 13.7
School Captains’ Primary School Visit

The four school captains, along with Ms Ieremidis, took a trip to Gladstone Park Primary School to talk to the Grade 5 and 6 students about being a leader. We discussed what it was like to be a school captain, the transition between primary school and high school and what it takes to be a great leader. The students listened attentively as each of us spoke.

Question time left me absolutely speechless! The students asked complex and often intense questions that the four School Captains had to really consider. It was so great to see the students’ enthusiasm as they were chosen to ask their questions. There are two that I would really like to share with the high school community because I think they were important. The first was, “If you didn’t get the position you wanted, would you have felt like a failure?” As a group we explained that if you give something a go and try hard you can never fail. Failing is when you never tried at all. We explained that you should never feel like you ‘fail’ at something just because you don’t achieve what you wanted to.

Another similar question was, “How do you believe in yourself?” This one was quite loaded and we began by reiterating that you have to push yourself and not be scared to try something that you really want to do. We also explained that sometimes you must ask for help because sometimes other people can help give you confidence. We emphasised that other people can see your potential and it is important to understand that asking for help doesn’t mean that you’re not good enough to do it alone. No one ever achieved anything great without a little help!

The students were fantastic and we really enjoyed answering their questions. We have realised that there are many young leaders in our community, and we just need to give them the support they deserve to make it to the top.

Zoe Evans - Academic School Captain
School Captains’ Primary School Visit
What are the benefits of the Technology age for our children and young adults?

How can we tap into these benefits and support their growth?

Dr Michael Carr-Gregg is one of Australia’s highest profile psychologists. He is the resident parenting expert in Channel 7’s Sunrise program and 3AW’s morning program with Neil Mitchell.

He is also an author, academic researcher and political lobbyist.

Don’t miss the opportunity to hear one of the most knowledgeable and engaging speakers on the topic of child and adolescent development.

Where: Mount Ridley P-12 College- Landale Building

When: April 20th  7.00pm – 8.30pm

Cost: Nil

Booking: Please call Mount Ridley College to secure your free place for this important event.
03  8338 3600
Career Centre Information

Interested in the "Australian Defence Force" or "Aviation"??
Register your name at the Career Centre for an upcoming event.

How do I get a Tax File Number?
Experience LaTrobe University
31/03/16 and 07/07/16
http://www.latrobe.edu.au/experience/events/experience-la-trobe-events/melbourne-program

"Inside Monash Seminar Series" for students and parents
Hear from a current student, past student and academic in 90 minutes
March until September 2016
http://www.monash.edu/inside-monash/

"UMAT" is required for the following Victorian courses;
- LaTrobe Dentistry
- LaTrobe Oral Health Science
- Monash Medicine

UMAT Registrations close @ 5pm 03/06/16
https://umat.acer.edu.au/

LaTrobe Aspire program
Guarantee a 2017 place with LaTrobe!
http://www.latrobe.edu.au/study/aspire

RMIT - Course pathways

University of Melbourne
"Focus on Melbourne" seminars
May - June 2016
https://futurestudents.unimelb.edu.au/explore/events/victoria_and_interstate/victoria/focus_on_melbourne

What kind of engineer are you?
Interested in engineering but not sure which type is the best fit for you? You can now find out with our new online quiz “What kind of Engineer are you?”
To take the quiz visit: https://trueengineer.com.au/

"Part time work"
Lazy Moes - Tullamarine
Email your resume to deanna@lazymoes.com.au
2016 Important Dates

<table>
<thead>
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<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Monday 29th February</td>
<td>CSEF Forms Due In Today</td>
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<tr>
<td>Wednesday 2nd March</td>
<td>Division Swimming</td>
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<tr>
<td>Wednesday 2nd March</td>
<td>Year 12 Physics Luna Park Excursion</td>
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<td>Friday 4th March</td>
<td>Year 7 Sport</td>
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<td>Monday 7th March</td>
<td>Year 12 Psychology Excursion</td>
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<td>Tuesday 8th March</td>
<td>Year 8 Sport</td>
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<td>Wednesday 9th March</td>
<td>Year 7 Assembly</td>
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<td>Thursday 10th March</td>
<td>House Athletics Assembly</td>
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<td>Friday 11th March</td>
<td>Year 12 Psychology Excursion</td>
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<tr>
<td>Monday 14th March</td>
<td>Labour Day Public Holiday—No School</td>
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<tr>
<td>Wednesday 16th March</td>
<td>Year 12 Theatre Studies Excursion</td>
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<td>Thursday 17th March</td>
<td>Year 8 Assembly</td>
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<tr>
<td>Friday 18th March</td>
<td>Whole School House Athletics</td>
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<tr>
<td>Monday 21st March</td>
<td>Performing Arts Concert</td>
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<tr>
<td>Tuesday 22nd March</td>
<td>Northern Metropolitan Regional Swimming</td>
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<td>Tuesday 22nd March</td>
<td>GPSC Unplugged</td>
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<tr>
<td>Wednesday 23rd March</td>
<td>Parent-Teacher Interviews</td>
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Office Hours

Monday—Thursday
8:15am to 4:15pm

Friday
8:15am to 4:00pm

Last day of each Term the office will close at 2:30pm

*The office is CLOSED during all school holiday periods*

Have you changed your details?

Please immediately notify the College of any changes to your address or contact details.

Attention Year 11 & Year 12 Parents

Parents are reminded that where a Year 11 or Year 12 student is absent from school due to a family holiday, this will be considered an unapproved absence.

VCE and VCAL have attendance requirements which must be met in order for a student to pass.

Student Accident Insurance

Parents are reminded that the school does not provide personal accident insurance for students. Parents/guardians are responsible for paying the cost of medical treatment for injured students, including any transport costs.

Reasonably low cost accident insurance policies are available from commercial insurers should you require one.